



Preventive Services

Covered with No Cost-Sharing

The Affordable Care Act requires that private insurers cover certain preventive services without any patient cost-sharing. This summary of selected preventive services provides a listing of services that are covered by all CoOpportunity Health plans without your having to pay a copayment or coinsurance or meet your deductible. This applies only when these services are delivered by an in-network provider. For a complete description of preventive services, refer to the Individual Policy and/or Benefits Chart provided when you enroll in a plan.

Covered Preventive Services for Adults

- **Abdominal Aortic Aneurysm:** one-time screening for men of specified ages who have ever smoked
- **Alcohol Misuse:** screening and counseling
- **Aspirin:** use for men and women of certain ages
- **Blood Pressure:** screening for all adults
- **Cholesterol:** screening for adults of certain ages or at higher risk
- **Colorectal Cancer:** screening for adults over 50
- **Depression:** screening for adults
- **Type 2 Diabetes:** screening for adults with high blood pressure
- **Diet:** counseling for adults at higher risk for chronic disease
- **HIV:** screening for all everyone age 15-65 at higher risk
- **Immunization:** vaccines for adults — doses, recommended ages, and recommended populations vary; an immunizations and vaccine schedule is provided upon request.
 - Hepatitis A
 - Hepatitis B
 - Human Papillomavirus
 - Influenza (Flu Shot)
 - Meningococcal
 - Pneumococcal
 - Varicella
 - Herpes Zoster
 - Tetanus, Diphtheria, Pertussis
 - Measles, Mumps, Rubella
- **Obesity:** screening and counseling for all adults

- **Sexually Transmitted Infection (STI):** prevention counseling for adults at higher risk
- **Syphilis:** screening for all adults at higher risk
- **Tobacco Use:** screening for all adults and cessation interventions for tobacco users

Covered Preventive Services for Women, Including Pregnant Women

- **Anemia:** screening on a routine basis for pregnant women
- **BRCA:** counseling about genetic testing for women at higher risk
- **Breast Cancer Mammography:** screenings every 1 to 2 years for women over 40
- **Breast Cancer Chemoprevention:** counseling for women at higher risk
- **Breastfeeding:** comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women
- **Cervical Cancer:** screening for sexually active women
- **Chlamydia Infection:** screening for younger women and other women at higher risk
- **Contraception:** Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs
- **Domestic and interpersonal violence:** screening and counseling for all women

- **Folic Acid:** supplements for women who may become pregnant
- **Gestational diabetes:** screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
- **Gonorrhea:** screening for all women at higher risk
- **Hepatitis B:** screening for pregnant women at their first prenatal visit
- **Human Immunodeficiency Virus (HIV):** screening and counseling for sexually active women
- **Human Papillomavirus (HPV) DNA Test:** high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older
- **Osteoporosis:** screening for women over age 60 depending on risk factors
- **Rh Incompatibility:** screening for all pregnant women and follow-up testing for women at higher risk
- **Tobacco Use:** screening and interventions for all women, and expanded counseling for pregnant tobacco users
- **Sexually Transmitted Infections (STI):** counseling for sexually active women
- **Syphilis:** screening for all pregnant women or other women at increased risk
- **Urinary Tract:** or other infection screening for pregnant women
- **Well-woman visits:** to obtain recommended preventive services
- **Dyslipidemia screening** for children at higher risk of lipid disorders; ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- **Fluoride Chemoprevention supplements** for children without fluoride in their water source
- **Gonorrhea:** preventive medication for the eyes of all newborns
- **Hearing:** screening for all newborns
- **Height, Weight and Body Mass Index measurements** for children ages 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- **Hematocrit or Hemoglobin:** screening for children
- **Hemoglobinopathies or sickle cell screening** for newborns
- **HIV screening** for everyone age 15-65 at higher risk
- **Immunization vaccines** for children — doses, recommended ages, and recommended populations vary; an immunizations and vaccine schedule is provided upon request.
 - Hepatitis A
 - Hepatitis B
 - Inactivated Poliovirus
 - Human Papillomavirus
 - Influenza (Flu Shot)
 - Varicella
 - Meningococcal
 - Pneumococcal
 - Rotavirus
 - Haemophilus influenzae type b
 - Tetanus, Diphtheria, Pertussis
 - Measles, Mumps, Rubella
- **Iron supplements** for children ages 6 to 12 months at risk for anemia
- **Lead screening** for children at risk of exposure

Covered Preventive Services for Children

- **Alcohol and Drug Use:** assessments for adolescents
- **Autism:** screening for children at 18 and 24 months
- **Behavioral assessments for children of all ages:** 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- **Blood Pressure:** screening for children 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- **Cervical Dysplasia:** screening for sexually active females
- **Congenital Hypothyroidism:** screening for newborns
- **Depression:** screening for adolescents
- **Developmental screening** for children under age 3, and surveillance throughout childhood
- **Medical History** for all children throughout development ages 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- **Obesity screening** and counseling
- **Oral Health risk assessment** for young children ages 0 to 11 months, 1 to 4 years, 5 to 10 years
- **Phenylketonuria (PKU) screening** for this genetic disorder in newborns
- **Sexually Transmitted Infection (STI) prevention counseling and screening** for adolescents at higher risk
- **Tuberculin testing** for children at higher risk of tuberculosis ages 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- **Vision screening** for all children



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C-00244 (05/14)