

Preventive Services

Covered with No Cost-Sharing

The Affordable Care Act requires that private insurers cover certain preventive services without any patient cost-sharing. This summary of selected preventive services provides a listing of services that are covered by all CoOportunity Health plans without your having to pay a copayment or coinsurance or meet your deductible. This applies only when these services are delivered by an in-network provider. For a complete description of preventive services, refer to the Individual Policy and/or Benefits Chart provided when you enroll in a plan.

Covered Preventive Services for Adults

- Abdominal Aortic Aneurysm: one-time screening for men of specified ages who have ever smoked
- Alcohol Misuse: screening and counseling
- Aspirin: use for men and women of certain ages
- Blood Pressure: screening for all adults
- Cholesterol: screening for adults of certain ages or at higher risk
- Colorectal Cancer: screening for adults over 50
- Depression: screening for adults
- Type 2 Diabetes: screening for adults with high blood pressure
- **Diet:** counseling for adults at higher risk for chronic disease
- HIV: screening for all everyone age 15-65 at higher risk
- Immunization: vaccines for adults doses, recommended ages, and recommended populations vary; an immunizations and vaccine schedule is provided upon request.
- ▶ Hepatitis A
- ▶ Hepatitis B
- ► Human Papillomavirus
- ► Influenza (Flu Shot)
- Meningococcal
- ▶ Pneumococcal
- ▶ Varicella
- ▶ Herpes Zoster
- ► Tetanus, Diphtheria, Pertussis
- ► Measles, Mumps, Rubella
- Obesity: screening and counseling for all adults

- Sexually Transmitted Infection (STI): prevention counseling for adults at higher risk
- Syphilis: screening for all adults at higher risk
- **Tobacco Use:** screening for all adults and cessation interventions for tobacco users

Covered Preventive Services for Women, Including Pregnant Women

- Anemia: screening on a routine basis for pregnant women
- BRCA: counseling about genetic testing for women at higher risk
- Breast Cancer Mammography: screenings every 1 to 2 years for women over 40
- Breast Cancer Chemoprevention: counseling for women at higher risk
- Breastfeeding: comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women
- Cervical Cancer: screening for sexually active women
- Chlamydia Infection: screening for younger women and other women at higher risk
- Contraception: Food and Drug Administrationapproved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs
- Domestic and interpersonal violence: screening and counseling for all women

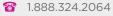
- Folic Acid: supplements for women who may become
- Gestational diabetes: screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
- Gonorrhea: screening for all women at higher risk
- Hepatitis B: screening for pregnant women at their first prenatal visit
- Human Immunodeficiency Virus (HIV): screening and counseling for sexually active women
- Human Papillomavirus (HPV) DNA Test: high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older
- Osteoporosis: screening for women over age 60 depending on risk factors
- Rh Incompatibility: screening for all pregnant women and follow-up testing for women at higher risk
- Tobacco Use: screening and interventions for all women, and expanded counseling for pregnant tobacco users
- Sexually Transmitted Infections (STI): counseling for sexually active women
- Syphilis: screening for all pregnant women or other women at increased risk
- Urinary Tract: or other infection screening for pregnant women
- Well-woman visits: to obtain recommended preventive services

Covered Preventive Services for Children

- Alcohol and Drug Use: assessments for adolescents
- Autism: screening for children at 18 and 24 months
- Behavioral assessments for children of all ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- Blood Pressure: screening for children 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- Cervical Dysplasia: screening for sexually active females
- Congenital Hypothyroidism: screening for newborns
- Depression: screening for adolescents
- Developmental screening for children under age 3, and surveillance throughout childhood

- Dyslipidemia screening for children at higher risk of lipid disorders; ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- Fluoride Chemoprevention supplements for children without fluoride in their water source
- Gonorrhea: preventive medication for the eyes of all newborns
- Hearing: screening for all newborns
- · Height, Weight and Body Mass Index measurements for children ages 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- Hematocrit or Hemoglobin: screening for children
- · Hemoglobinopathies or sickle cell screening for newborns
- HIV screening for everyone age 15-65 at higher risk
- Immunization vaccines for children doses, recommended ages, and recommended populations vary; an immunizations and vaccine schedule is provided upon request.
 - ▶ Hepatitis A
- ▶ Hepatitis B
- ► Inactivated Poliovirus
- ► Human Papillomavirus
- ► Influenza (Flu Shot)
- ▶ Varicella
- Meningococcal
- ▶ Pneumococcal
- ▶ Rotavirus
- ▶ Haemophilus influenzae type b
- ► Tetanus, Diphtheria, Pertussis
- ▶ Measles, Mumps, Rubella
- Iron supplements for children ages 6 to 12 months at risk for anemia
- Lead screening for children at risk of exposure
- Medical History for all children throughout development ages 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- Obesity screening and counseling
- Oral Health risk assessment for young children ages 0 to 11 months, 1 to 4 years, 5 to 10 years
- Phenylketonuria (PKU) screening for this genetic disorder in newborns
- Sexually Transmitted Infection (STI) prevention counseling and screening for adolescents at higher risk
- Tuberculin testing for children at higher risk of tuberculosis ages 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- Vision screening for all children





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