



Summary of Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2015 - 12/31/2015 Coverage for: Single/Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.coOportunityhealth.com or by calling 1-888-324-2064.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-network: \$2,000 Individual, \$4,000 Family contract Out-of-network: \$4,000 Individual, \$8,000 Family contract	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. In-network: \$4,000 Individual, \$8,000 Family contract Out-of-network: \$8,000 Individual, \$16,000 Family contract	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premium, balance-billed charges (unless balanced billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.

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Important Questions	Answers	Why this Matters:
Does this plan use a network of providers?	Yes. For a list of in-network providers, see www.cooportunityhealth.com/providersearch/premier or call 1-888-324-2064.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

Common		Your cost i	f you use a	
Medical Event	Services You May Need	In-Network Provider	Out-Of-Network Provider	Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	Office Visit: 20% coinsurance Convenience Care: 20% coinsurance	Office Visit: 40% coinsurance Convenience Care: 40% coinsurance	none
	Specialist visit	20% coinsurance	40% coinsurance	none
	Other practitioner office visit	Acupuncture: Not covered Chiropractic: 20% coinsurance	Acupuncture: Not covered Chiropractic: 40% coinsurance	none

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Medical Event	Services You May Need	In-Network Provider	Out-Of-Network Provider	Limitations & Exceptions
	Preventive care/screening/immunization	No charge	40% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	none
ii you nave a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	none
If you need drugs to treat your illness or condition	Generic drugs	Formulary: \$10 copay at retail, \$20 copay at mail Non-formulary: \$80 copay at retail, \$240 copay at mail	40% coinsurance at retail, mail not covered	31 day supply retail/ 93 day supply mail order
More information about prescription drug coverage is available at www	Formulary brand drugs	\$40 copay at retail, \$80 copay at mail		
.coOportunityhealth.	Non-formulary brand drugs	\$80 copay at retail, \$240 copay at mail		
	Specialty drugs	\$150 copay	40% coinsurance at retail, mail not covered	Use of specialty drug vendor required
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	none
outpatient surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	none
If you need immediate medical	Emergency room services	\$250 copay+20% coinsurance	\$250 copay+20% coinsurance	none
attention	Emergency medical transportation 20% coinsurance 20% coins	20% coinsurance	none	
attention	Urgent care	20% coinsurance	40% coinsurance	none
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	none
stay	Physician/surgeon fee	20% coinsurance	40% coinsurance	none——
If you have mental	Mental/Behavioral health outpatient	20% coinsurance	40% coinsurance	none

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Medical Event	Services You May Need	In-Network Provider	Out-Of-Network Provider	Limitations & Exceptions
	services			
health, behavioral health, or substance	Mental/Behavioral health inpatient services	20% coinsurance	40% coinsurance	none
abuse needs	Substance use disorder outpatient services	20% coinsurance	40% coinsurance	none
	Substance use disorder inpatient services	20% coinsurance	40% coinsurance	none
If you are pregnant	Prenatal and postnatal care	No charge	40% coinsurance	none
	Delivery and all inpatient services	20% coinsurance	40% coinsurance	none
If you need help	Home health care	20% coinsurance	40% coinsurance	none
	Rehabilitation services	20% coinsurance	40% coinsurance	none
	Habilitation services	20% coinsurance	40% coinsurance	none
recovering or have other special health	Skilled nursing care	20% coinsurance	40% coinsurance	Limited to 90 days per confinement
needs	Durable medical equipment	20% coinsurance	40% coinsurance	none
necus	Hospice service	20% coinsurance	40% coinsurance	5 days respite/15 combined for respite and continuous
If your shild poods	Eye exam	No charge	40% coinsurance	none
If your child needs dental or eye care	Glasses	Not covered	Not covered	none
	Dental check-up	Not covered	Not covered	none

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care
- Hearing aids

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Bariatric surgery

Chiropractic care

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-888-324-2064. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. You can contact your issuer's member assistance resources at **1-888-324-2064**. For questions about your rights, this notice, or assistance, you can contact your state insurance department at **the following: Iowa Insurance Division at 515-281-6348**. Additionally, a consumer assistance program can help you file your appeal. Contact **the following: Iowa Insurance Division at 515-281-6348**.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

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The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-324-2064.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-324-2064.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-324-2064.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-324-2064.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.—

Coverage Examples

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different. Cost sharing or "Patient pays" amounts are based on self-only coverage.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- **Plan pays** \$4,220
- **Patient pays** \$3,320

Sample care costs:

Hospital charges (mother)	\$2,700		
Routine obstetric care	\$2,100		
Hospital charges (baby)	\$900		
Anesthesia	\$900		
Laboratory tests	\$500		
Prescriptions	\$200		
Radiology	\$200		
Vaccines, other preventive	\$40		
Total	\$7,540		
Patient pays:			
Deductibles	\$2,000		
Copays	\$20		
Coinsurance	\$1,100		
Coinsurance Limits or exclusions	\$1,100 \$200		

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Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$1,590
- **Patient pays** \$3,810

Sample care costs:

Total	\$5,400
Vaccines, other preventive	\$100
Laboratory tests	\$100
Education	\$300
Office Visits and Procedures	\$700
Medical Equipment and Supplies	\$1,300
Prescriptions	\$2,900

Patient pays:

Total	\$3,810
Limits or exclusions	\$80
Coinsurance	\$200
Copays	\$1,530
Deductibles	\$2,000
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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the

prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Questions: Call 1-888-324-2064 or visit us at www.coOportunityhealth.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-888-324-2064 to request a copy.

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